

# Internet Safety Checklist – 12 Steps

Online Agreement		
1	<p><b>Have you discussed and set up Online guidelines for your family?</b></p> <p>This is a list of activities that are not allowed no matter how you connect to the Internet.  <a href="#">Online agreement</a></p> <p>Parents: Help set up a family guideline            Kids: Agree and follow the family guidelines</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
Social Media		
2	<p><b>Do your kids have Social Media Accounts?</b></p> <p><input type="checkbox"/> Facebook <input type="checkbox"/> Twitter <input type="checkbox"/> MySpace <input type="checkbox"/> Ning <input type="checkbox"/> Tagged <input type="checkbox"/> Pinterest <input type="checkbox"/> Instagram <input type="checkbox"/> My Yearbook <input type="checkbox"/> Bebo</p> <p><input type="checkbox"/> Foursquare <input type="checkbox"/> Google+ <input type="checkbox"/> Linked-in <input type="checkbox"/> Flickr <input type="checkbox"/> Bebo <input type="checkbox"/> YouTube <input type="checkbox"/> Bebo <input type="checkbox"/> Blogger <input type="checkbox"/> Wordpress</p> <p><a href="#">Popular Social Networks</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
3	<p><b>For each social media account that they have, do I have an account and ‘friend’ or ‘follow’ my kids online?</b>            You need to be aware what photos, information, and interactions your kids are having online. This is where most of their online interaction happens.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
4	<p><b>Are the social media account privacy settings set appropriately?</b>            For each account you can restrict how the content is viewed by the Internet and a complete stranger.  <a href="#">Facebook Privacy Settings</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
5	<p><b>Have you discussed “Think before you Post” with your kids?</b>            Think before you post, txt, tweet, tag, or e-mail any information. Once you press ‘send’ you can’t get it back.  <a href="#">Social Networking</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
6	<p><b>Do your kids use Instant Messaging?</b> (Facebook Messenger, Skype, iChat, MSN Messenger)</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
7	<p><b>If Yes, have you reviewed their list of ‘friends’ or ‘contacts’?</b></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
8	<p><b>Do your kids use chat room?</b></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
Internet Safety – Safe Web Browsing		
9	<p><b>Do you and your family know how to recognize phishing schemes?</b>            Beware of pop-ups, e-mails from service providers, banks, sweepstakes, -- any ploy for an attacker to seem ‘trusted’ but all they want is your information.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
10	<p><b>Do you and your family know how to browse the Internet Safely?</b>  <a href="#">Safe Web Surfing</a> Don’t be click happy, Beware of pirating software, Beware of “free” software.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
11	<p><b>Do you and your family know what is personal in formation?</b>            Birthday (with year), address, phone number, Mother’s Maiden Name, Social Security Number, Usernames and passwords</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
12	<p><b>Do you and/or your family shop Online?</b>            Where do you enter your credit card? My rule: Fortune 500, Hospital, Financial Institution, otherwise use a gift card.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<p><b>Do you and/or your family Bank Online?</b></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<p><b>Do you have a strong password? Is it different than other online accounts?</b>  <a href="#">How to create a strong password</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<p><b>When was the last time your changed your password?</b>            If it has been more than 6 months, change it now.</p>	

# Home Computer Security Checklist – 10 Steps

Inventory		
1	<p><b>What devices do you own that can connect to the Internet? List out and identify.</b></p> <p>Computers/Desktops Laptops Mobile Devices (Kindle, Tablet, iTouch, iPad, etc.) Blu-Ray Players Game Systems</p> <p>Ex. Computer – 2 Macs, Laptop – 2 Windows,</p>	
2	<p><b>What devices do your kids access? List out and identify the device</b></p> <p>Ex. Computer, iTouch, Laptop, Nintendo Wii etc.</p>	
Lock Down		
3	<p><b>For each computer/laptop that the kids access, is there a separate User account?</b> Each individual child does not necessarily need their own account. You should at least set up a Kids account. <a href="#">User Accounts</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
4	<p><b>For each device that the kids access, are there parental controls in place?</b></p> <p><a href="#">Parental Controls for Computers and Laptops</a> <a href="#">Netflix Parental Controls</a> <a href="#">Lockdown Apple Mobile Device</a> <a href="#">Youtube Safe Search</a> <a href="#">Google Safe Search</a></p> <p>Consider implementing parental controls on BluRay Players and game systems as well. For Droid based mobile devices, make sure to disable all web browsers and download the free K9 web browser.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
Secure Computing Habits		
5	<p><b>Do you have Anti-Virus installed on all computers and Laptops?</b> <a href="#">Anti-Virus Explained</a> For purchase, I like Kapersky, Bitdefender, and AVG. For Free, I like Windows Security Essentials (windows only) and AVG.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
6	<p><b>Do you update your Operating System on a regular basis?</b> <a href="#">Operating System Updates – Is your Foundation Secure?</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
7	<p><b>Do you update software on a regular basis?</b> Adobe Acrobat Reader, Java, Anti-Virus Scanning Software, etc.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
8	<p><b>Do you download 'junk'?</b> Be careful when downloading anything from the Internet (picture, application, or documents). Is it a trusted source? Use CNET to review free software. Do NOT use peer-to-peer software.</p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
9	<p><b>Do you back-up your data on a regular basis?</b> <b>Do you destroy hard drives or internal memory before disposing of old devices?</b></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
Web Filter		
10	<p><b>Do you have a web filter in place?</b> Norton Online Family K9 Web Protect Tutorial – Coming soon! <a href="#">How to install OpenDNS</a></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<p><b>Do your parents have a web filter in place? Does your School and Library have a web filter in place?</b></p>	<input type="checkbox"/> YES <input type="checkbox"/> NO